

STUDENTS TAKE A BREAK FROM EXAM REVISION TO PLAN WORKING HOLIDAYS ABROAD

London, 7 May 2015: Smart A-level students are planning to make the most of their three- to four-month-long summer before they head off to university by going on overseas working holidays or mini gaps. So says specialist work abroad organisation, BUNAC, which claims that amongst the most popular options for post-school teenagers are TEFL internships, multi-project volunteer trips and sports coaching, all of which help to add extra weight to a CV, as well as provide fascinating, often life-changing experiences for participants and the chance to travel to exciting destinations.

TEACH ENGLISH

For students considering a career in teaching or those with an aptitude for communication and the English language, TEFL internships are available in Cambodia, China, Colombia, South Africa and Thailand.

Providing the perfect opportunity to immerse yourself in a new culture whilst acquiring new, invaluable skills, the internships include an accredited 120-hour online qualification, airport transfers, orientation on arrival in the chosen destination, practical teaching experience of seven or eight weeks in most locations, or up to four and a half months in China, plus accommodation.

Prices start from £895 for this package, and the next departure is on July 31st. Full support from BUNAC is provided throughout the experience and a certificate is awarded to all candidates on completion of their internship, plus there are opportunities to travel around the destination during the summer.

VOLUNTEER

For variety, adventure and a sense of achievement, it's difficult to beat the Multi-Project Volunteer trips to Borneo, Cambodia, Costa Rica, Ecuador, Tanzania and Venezuela. Each one focuses on getting involved with eco tourism and community conservation projects such as helping indigenous communities to renovate local schools, educating on sustainable fishing and the negative impact of coral destruction, assisting national rangers with reforestation and building fresh water wells in remote villages.

Costing in the region of £2,000 for six weeks and £3000 to £3500 for 10 weeks, depending on the chosen destination, the multi-project trips include a briefing day in the UK (parents of participants are welcome!), flight booking service, personal support and travel advice, accommodation, meals, in-country support, guides,

induction and a donation to the project communities involved. Next departure is on 1st July.

SPORTS COACHING

Ideal for anyone who loves playing tennis, hockey, cricket, football, rugby or basketball and thinks they can transfer that passion for sport to teaching youngsters, the Sports Coaching South Africa programme enables successful candidates to work with disadvantaged children, instilling life skills and raising awareness of social issues.

Based in Port Elizabeth, one of the country's largest cities, the five- to 12-week options are a fun way of bolstering coaching experience whilst helping to provide sports opportunities for children who would otherwise not have access to them.

Prices range from £1150 for five weeks up to £2200 for 12 weeks and include BUNAC benefits, orientation, health screening, flight booking service, personal support, a voluntary placement, transfers, accommodation and meals in South Africa, as well as a number of excursions. These include a bush camp, a visit to a game reserve, surfing and dune boarding and a township tour. Departures on May 23rd, July 18th and August 29th.

WORK ABROAD - NEW AUSTRALIA OPTION FOR 2015!

Working gap years, before or after university, remain eternally popular for savvy students with a little more time to spare. BUNAC's new, exclusive Work Australia Ultimate Plus Package is set to be particularly attractive to first-time travellers. It includes a fun, activity-packed seven-day orientation, 12 months' access to BUNAC's Australian recruitment agency and job placement services, plus regular social meet-ups. Priced at £599, the programme also includes access to group flights via Hong Kong - an ideal way to meet like-minded travel buddies - private airport transfers, seven nights' hostel accommodation during orientation week, three Sydney day trips with lunch, a full-day excursion to the Blue Mountains, a paddle-boarding session on Sydney Harbour, a barbecue on Bondi beach and a half day of practical advice on all the essentials, from tax and banking to long-term accommodation. The next group flights depart on June 16th, July 16th and August 13th.

For further details visit <http://bunac.org/uk> or telephone 033 3999 7516.

Ends

PRESS: Visit the website at www.bunac.org/uk/

Download a copy of the current brochure and view all press releases: www.bunac.org/uk/bunac/press

For further information, photography and case studies, contact Fiona Elliott at Counterpoint PR, tel 020 8398 1788 or 07917 322501,

email Fiona.elliott@counterpointllp.com or contact Hollie Brooks, Marketing and Sales Manager, hollie.brooks@bunac.org.uk, tel. 033 3999 7516.

Note to Editors

BUNAC has been helping young people to work and volunteer abroad since 1962.

Flights, travel insurance, visas, police check costs, spending money and inoculations are not included in the above prices.

Candidates who apply for any of the BUNAC trips mentioned must be 18 years or older.
